

# Week One Menu

Served weeks commencing:  
10<sup>th</sup> Feb & 10<sup>th</sup> March



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<b>Langford Sausages with gravy</b>  Mashed potato Peas Carrots	<b>Homemade Beef Lasagne</b>  Herby Potatoes Sweetcorn Broccoli	<b>Roast Chicken</b>  with Gravy Roast Potatoes Cauliflower Swede	<b>Chicken Curry</b> 50/50 White and Wholegrain Rice Sweetcorn Broccoli	<b>Fish Fingers</b>  Chips Peas Baked Beans
VEGETARIAN	<b>Vegetarian Sausage with gravy</b>  Mashed potato Peas Carrots	<b>Vegetable Lasagne</b>  Herby Potatoes Sweetcorn Broccoli	<b>Cauliflower and Broccoli Cheese Bake</b> with Gravy Roast Potatoes Cauliflower swede	<b>Vegetable Enchiladas</b> 50/50 White and Wholegrain Rice Sweetcorn Broccoli	<b>Tomato &amp; Cheese Pizza</b>  Chips Peas Baked Beans
JACKET POTATO	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Jacket Potato</b> with a choice of filling  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>
SANDWICH	<b>White Sandwich</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b> Served with Salad Bar	<b>White Bap</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b> Served with Salad Bar	<b>White Sandwich</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b> Served with Salad Bar	<b>White Bap</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b> Served with Salad Bar	<b>White Baguette</b> with your choice of  <b>Tuna Mayonnaise Cheddar Cheese Ham</b> Served with Salad Bar
DESSERTS	<b>Lemon Sponge</b> with custard	<b>Shortbread Finger</b> with Fruit Wedge	<b>Iced Chocolate Sponge</b>	<b>Apple Crumble and Custard</b>	<b>Fruity Friday</b>

## AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

